

About Us

PACA MK is an independent and voluntary group of parents and carers of children and young people with disabilities or additional needs.

We are a welcoming and friendly group, and are ready to listen to you.

The group is open to parents and carers of children and young people aged 0–25 years old with disabilities or additional needs who live in the borough of Milton Keynes.

PACA MK is organised by a committee of parents and carers and has a steering group which meets regularly.



How to contact us



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c/o Carers Milton Keynes
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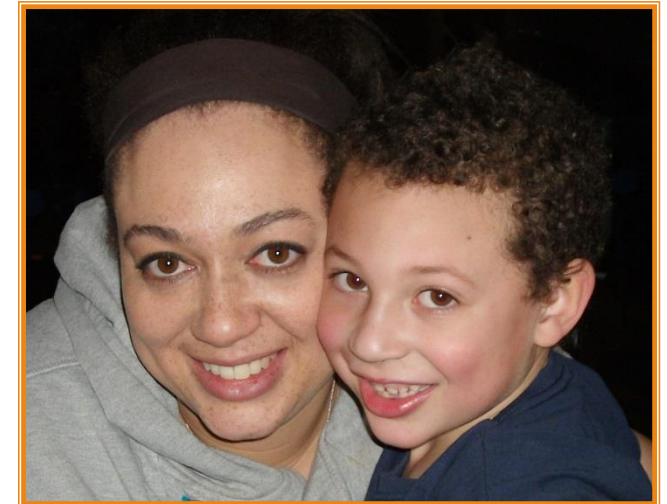
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Please contact us if you need this leaflet produced in a different format such as Braille, large print, audio tape, computer disc, or in another language.

Tel: 07852 526057



**Parents and Carers Alliance
Milton Keynes**



Shaping services for children and young people aged 0 – 25 years old with disabilities or additional needs

Our aims

PACA MK works in partnership with service providers in health, education, social care and leisure services in Milton Keynes.

We have a common goal..... better services for all children and young people with disabilities or additional needs.

Our aim is to fully include parents and carers in the development and improvement of local services.

You can have your say at our meetings; at events; on the phone; or by email. We are here to listen.



What do we do?

- **Consultation**

PACA MK consults with parents and carers to discover what is really happening within services and to gather suggestions on how services can be improved.

- **Signposting**

We direct parents and carers to sources of information and support.

- **Representation and negotiation**

Our members are actively involved in decision-making boards and panels to help improve and develop services on behalf of all parents and carers.

- **Raising Awareness**

We inform service providers about parents and carers' real concerns, and the needs of their children and young people.

- **Networking**

We are building a network of contacts with key service providers.

- **Newsletters and information** about local consultations, events and services.

Events and Activities

We run a variety of events to offer you an opportunity to have your say and to share experiences with like-minded people.



Social and family events in the evenings, weekends or school holidays, with free refreshments and children's activities.

Forum meetings with a free crèche and invited speakers.

Special projects such as our mystery shopper scheme and our DVD about home to school transport.

Training for parents and carers to gain confidence in participating in meetings and getting their voice heard.